

Myers-Briggs® Team Workshop

Unlock the potential of your team with our transformative workshop, designed to foster a culture of understanding and collaboration. By delving into individual personalities and team dynamics, we empower your employees to leverage their unique strengths for enhanced performance. With a tailored approach that includes guided discussions, personalized reflection, and team strategizing, our workshop equips your team with the tools and insights needed to thrive together, whether in person or virtually, for groups of up to 100 individuals.



Key features:

- **Unlock Your Team's Potential:** Dive deep into personality dynamics with the Myers-Briggs Type Indicator (MBTI), uncovering the keys to individual and team success.
- **Forge Stronger Connections:** Explore how personality types intersect within your team, fostering deeper understanding and strategic alignment for unparalleled collaboration.
- **Turn Insights into Action:** From insightful self-reflection to dynamic group discussions, equip your team with actionable strategies to elevate performance and drive results.
- **Seamless Learning, Anywhere:** Whether in-person or virtual, our flexible workshop format ensures a convenient and immersive experience tailored to your team's needs.
- **Tailored Excellence for Teams of Any Size:** Empower groups, from intimate teams to expansive departments, with personalized strategies and collaborative exercises designed to unlock the full potential of every member, revolutionizing your organizational culture.

Class outline:

- Introduction
 - Welcome & Overview
 - MBTI Introduction
- Understanding Types
 - MBTI Dimensions
 - Preferences
- Team Dynamics
 - Diverse Personalities
 - Group Exercises
- Leveraging Strengths
 - Self-Reflection
 - Strategies
- Communication Skills
 - Styles
 - Techniques
- Building Teams
 - Cohesion
 - Conflict Resolution
- Application & Planning
 - Reflection
 - Resources
- Conclusion
 - Summary
 - Next Steps